

ROI MEDICO SPA & BEAUTY

The luxury of perfect relaxation



ROGAŠKA HOTELS & ROI MEDICO • SPA

Grand Hotel Sava ****Superior & Hotel Zagreb****

WELCOME TO THE WORLD OF BEAUTY AND HEALTH!

Where the beneficial effect of the Rogaška natural mineral water intertwines with the intimacy of premium relaxation services. Rogaška Slatina is one of the loveliest spa resorts in Europe with a long tradition and unique mineral water featuring the highest magnesium content in the world, which has been used for medicinal purposes for over 400 years. A litre of mineral water contains over 1100 mg of magnesium, which is the second most important mineral in the human body taking part in over 300 vital metabolic processes.





ROGAŠKA MINERAL WATER – THE SOURCE OF HEALTH AND WELL-BEING

is a natural source of magnesium and other beneficial minerals for complete regeneration of the body and preservation of vitality.

THERMAL MINERAL WATER IN LOTUS POOL – THE ONE AND ONLY IN ROGAŠKA SLATINA

is unique mineral water that is used in thermal pool and provides many benefits to health and well-being.

ROI MEDICO

is a healthcare centre that offers a wide range of therapies, including balneotherapy, carboxytherapy, physiotherapy and pain management therapies, in combination with the healthy ROI dietary method.

ROI BEAUTY & SPA

is a beauty centre offering natural facial and body treatments, massage, various baths and treatments using detox apparatuses, and programmes for the complete relaxation and nourishment for your skin.

MINERAL WATER ROGAŠKA

SOURCE OF LIFE – SOURCE OF HEALTH

The Rogaška mineral water differs from all other mineral waters in the world. As mineral water with the highest magnesium content it offers many benefits, but only if consumed moderately. Learn to enjoy the mineral water properly in view of various circumstances. Unique mineral water provides many beneficial effects on health in line with ways to consume water. If warm Rogaška mineral water is consumed quickly, digestive function will accelerate. If cold Rogaška mineral water is consumed slowly, mineral absorption will increase.

The most important element of the healing natural mineral water from Rogaška Slatina is magnesium, which appears in its most pristine natural form.

Chemical analysis of the Rogaška water:

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|---------|--------------------|
| PH 6,8 | |
| 370 mg | Ca |
| 83 mg | Cl |
| 7700 mg | hydrogen carbonate |
| 1050 mg | Mg |
| 2,2 mg | nitrates |
| 24 mg | K |
| 1600 mg | Na |
| 2100 mg | sulphates |
| 86 mg | Si |

Indications:

- liver, gall bladder, pancreas diseases,
- chronic gastritis, meteorism, constipation,
- obesity,
- type II diabetes, elevated cholesterol,
- elevated blood pressure,
- lack of magnesium,
- conditions under heavy physical and mental strain.

How to drink mineral water from Rogaška?

| DISEASE | WHEN? | HOW MUCH? | WATER TEMP. |
|--|---------------------|-----------|-------------|
| Liver diseases, flatulence | on an empty stomach | 2–3 dcl | 25 °C |
| | before lunch | 1 dcl | |
| | before dinner | 1 dcl | |
| Diabetes | on an empty stomach | 2–3 dcl | 25 °C |
| | before lunch | 1 dcl | |
| | before dinner | 1 dcl | |
| Stomach and duodenal disorders, high acid levels | on an empty stomach | 2–3 dcl | 25 °C |
| | before lunch | 1 dcl | |
| | before dinner | 1 dcl | |
| Obesity | before breakfast | 3–5 dcl | 35 °C |
| | before lunch | 2 dcl | |
| Cardiovascular disease | on an empty stomach | 2 dcl | 25 °C |
| | before sleep | 1 dcl | |
| Preventive care | before eating | 1–2 dcl | 20 °C |



THERMAL WATER IN THE LOTUS SWIMMING POOL THE ONLY ONE IN ROGAŠKA

The site is 1700 metres deep. The water springing out is hyperthermal with 5800mg/l of dissolved mineral elements and the temperature of 59°C at the spring. Water in the swimming pool has a temperature between 31°C and 36°C (isotherm).

Indications:

- chronic degenerative spine and musculoskeletal disorders,
- chronic degenerative rheumatoid arthritis,
- arthrosis and periarthropathy,
- post-trauma and post-op musculoskeletal conditions,
- mild forms of neuralgia,
- mild forms of neurological impairments.

Balneo-chemical analysis of water

| CATIONS | | ANIONS | |
|-----------|----------|--------------------|---------|
| Na | 1700 mg | Cl | 490 mg |
| K | 42 mg | Fluoride | 9,9 mg |
| Ca | 28 mg | Iodide | 0,44 mg |
| Mg | 7 mg | Sulphate | 1430 mg |
| Strontium | 0,740 mg | Hydrogen carbonate | 2100 mg |
| Li | 0,38 mg | | |

RT-1/92 Rog. Slat

ROI MEDICO

BALNEOTHERAPY

A treatment and rehabilitation method using natural healing springs or thermal and mineral water.

MEDICAL CHECK-UP:

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| Consultation with a doctor | 40 € |
| Control check-up | 20 € |
| Doctor's room visit | 100 € |
| Prescription | 5 € |
| Blood pressure measurement | 5 € |

Hydrotherapy

Treatment with thermal water, which alleviates pain and muscle spasms, improves joint mobility and enhances the body's immune system with healing energy.

COMPONENTS OF HEALING PROCEDURES WITH THERMAL WATER:

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|---|------|
| CO2 bath | 28 € |
| Thermal bath | 28 € |
| Soda bath | 29 € |
| Pearl bath | 28 € |
| Magnesium bath | 29 € |
| Underwater massage | 30 € |
| Individual workout in the swimming pool | 30 € |

Inhalations

Alleviate problems in respiratory diseases.

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| Mineral water or herbs or medicinal supplements | 15 min | 17 € |
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Solna soba

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| Salt room | 20 min | 20 € |
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THERMOTHERAPY

It implies the supply and removal (cooling) of heat energy to and from the organism for therapeutic purposes. Thermotherapy alleviates pain, improves muscle and joint mobility, and relieves muscle spasms.

Fango

Is healing mineral mud that improves blood circulation, metabolism and excretion of toxic substances from the body, thus strengthening the immune system.

| | |
|---------|------|
| 1 unit | 21 € |
| 2 units | 27 € |
| 3 units | 31 € |
| 4 units | 36 € |
| 5 units | 38 € |
| 6 units | 41 € |

Paraffin wraps

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|--------------------|--------|------|
| Paraffin leg wraps | 20 min | 15 € |
| Paraffin arm wraps | 20 min | 15 € |

Wraps

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| Clay wrap | 30 min | 27 € |
| Camphor wrap | 30 min | 35 € |
| Seaweed wrap | 40 min | 35 € |

HEALTHY NUTRITION UNDER THE ROI DIET METHOD

ROI DIABETES PROGRAMME, ROI DETOX PROGRAMME, ROI BODY SLIM PROGRAMME

Some diets are intended for persons of all age groups and both genders, irrespective of their medical condition, to manage their weight to an optimal value (other than ROI DIABETES PROGRAMME).

The programmes do not involve food weighing, calorie counting and food quantification (other than the ROI BODY SLIM PROGRAMME).

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| Analysis of body composition on the InBody 770 apparatus | 35 € |
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The surcharge for dietetic food (Diabetes, Detox, Body Slim) amounts to €25 per day per person. The basic service is full board.



THERAPIES

Kinesiotherapy

| | | |
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| Individual workout | 30 min | 28 € |
| Group workout (5 and more persons) | 30 min | 10 € |

Magnetotherapy

It supplies additional oxygen, nutrients and water to body cells. Magnetotherapy is used to eliminate or alleviate pain caused by all degenerative joint inflammations and rheumatoid disorders. Magnetotherapy is recommended in the rehabilitation of injuries and improves blood circulation in headaches and osteoporosis.

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| Magnetotherapy | 25 min | 20 € |
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Mechanotherapy

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| Pressotherapy | 30 min | 35 € |
| US, sonophoresis | | 15 € |

Electrotherapy

The application of various forms of electric current relieves pain, improves blood and lymphatic flow, while stimulating and strengthening muscles.

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| Electrotherapy | 20 min | 15 € |
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Pain management therapy

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| Tens, DDT, IFT, medication EF | | 15 € |
| Combination of UVZ + IFT | | 18 € |



HILT - Laser Therapy

High Intensity Laser Therapy is based on the proven efficiency of low-power lasers. It penetrates deep into the tissue and has a pronounced painkilling, anti-inflammatory and bio-stimulating effect.

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| Laser therapy | 32 € |
| HILT – laser therapy Package 5x | 145 € |

Carboxytherapy

A medical procedure involving the use of medical CO2 for the purposes of enhancing blood circulation and tissue nutrition. Carbon dioxide is released naturally in the human organism during the breathing process and causes no allergies or adverse reactions.

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| Dry CO ₂ bath | 40 € |
| Injections 1x | 25 € |
| Injections Package 5x | 110 € |

MASAŽE

| | | |
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| Therapeutic massage | 20 min | 30 € |
| | 45 min | 48 € |
| Aromatic phyto-drainage | 30 min | 40 € |
| | 45 min | 53 € |
| | 60 min | 63 € |
| | 90 min | 91 € |
| Argan oil massage | 30 min | 50 € |
| | 45 min | 70 € |
| | 60 min | 85 € |
| Magnesium oil massage | 30 min | 40 € |
| | 45 min | 53 € |
| | 60 min | 65 € |



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| Chinese massage TUI-NA | 30 min | 45 € |
| | 45 min | 60 € |
| | 60 min | 71 € |
| Tui-na Peeling, aromatic mud and massage | 115 min | 110 € |
| Oriental back massage | 30min | 50 € |
| Oriental back massage and wrap | 50 min | 60 € |
| Pain management therapy TENS, back massage and self-heating desert mud | 60 min | 75 € |
| Anti-stress head massage | 30 min | 36 € |
| Reflexology foot massage | 20 min | 32 € |
| | 30 min | 35 € |
| Manual lymphatic drainage | 30 min | 40 € |
| | 45 min | 53 € |
| | 60 min | 63 € |
| Anti-cellulite massage | 30 min | 42 € |
| | 45 min | 55 € |
| | 60 min | 65 € |
| ROI massage Unique house massage | 60 min | 60 € |
| ROI massage with a clay wrap and mineral water | 80 min | 80 € |

Ayurvedic massage

Ayurveda is an Indian science of “life and longevity”.

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| Abhyanga It balances energy and alleviates joint pain, while vitalising and relaxing your body. | 60 min | 71 € |
| Udvardhana Massage with ground grain and Ayurvedic oils. | 45 min | 65 € |
| Marma Opens up vital centres called chakras. | 60 min | 71 € |
| Garshana An active massage in the body cleansing process stimulating lymph. | 45 min | 65 € |
| | 30 min | 45 € |
| Mukabhyanga Head, face, neck and shoulder massage. | 60 min | 71 € |
| | 30 min | 45 € |
| Padabhyanga A massage that relieves tension and improves circulation in legs and feet. | 30 min | 45 € |
| AY eye massage with castor oil It is recommended for people with sensitive and weary eyes. | 15 min | 25 € |
| Auriculotherapy Acupressure. | | 15 € |
| AY chocolate pampering Ayurvedic massage and a chocolate body mask. | 100 min | 110 € |



ROI SPA & BEAUTY

ROI AEMOTION AND DREAM SPA

Pampering on a water bed combined with sauna and chromotherapy.

ROI AEMOTION SPA

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| ROI Cellulite | 90 min | 110 € |
| ROI tone/anti-age | 60 min | 90 € |
| ROI Detox | 60 min | 90 € |

ROI DREAM SPA

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| ROI RITUAL | 100 min | 135 € |
| A ritual combining selected protocols for face and body treatment using various massage techniques to relax the body, mind and soul. Tone and anti-ageing treatment. | | |



BODY SHAPING

TECHNISPA

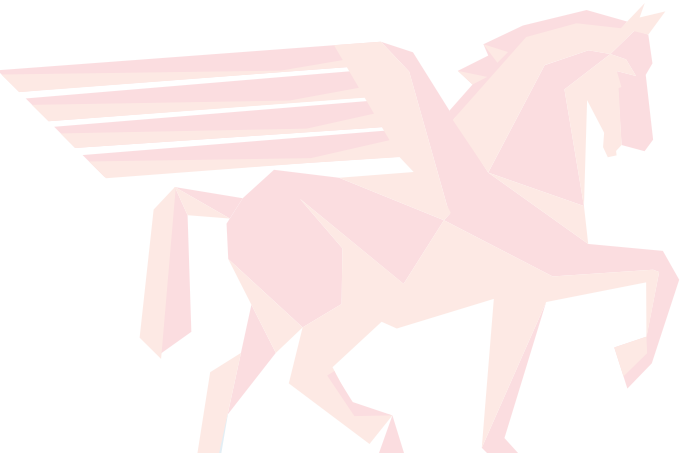
Body shaping, anti-cellulite procedures, skin firming and toning (vacuum + deep heat + double ionisation).

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| Whole body | 60 min | 105 € |
| Thermo relax firming treatment | 45 min | 85 € |
| Weight loss and anti-cellulite treatment | 45 min | 85 € |
| Light foot treatment | 30 min | 60 € |
| Partial treatment (back, abdomen) | 30 min | 60 € |

FUSIOMED - RADIAGE

Non-surgical ultrasonic liposuction.

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| Cavitation | 60 min | 140 € |
| Cryotherapy – freezing | 60 min | 140 € |



ULTRATONE FUTURA® PRO

Muscle stimulation, body shaping

A unique solution for body shaping and facial rejuvenation.

Therapies are used for:

- reducing body girth and losing weight,
- glute shaping and lifting,
- reducing and losing cellulite,
- bust shaping and lifting,
- rejuvenating and improving skin tone,
- detoxification.

BIOSTIMULATION TREATMENT

Ultratone Futura® PRO

30 min 60 €

ULTRASOUND AND CAVITATION TREATMENT

Parts with excess fat or cellulite can be efficiently re-shaped. The combination of ultrasound and cavitation is the most efficient natural liposuction procedure. Fat deposits initially weaken and then completely vanish through the lymphatic system (thanks to ultrasound). (The therapy is recommended 3 times a week.)

ULTRASOUND CAVITATION

Natural liposuction procedure

ULTRASOUND CAVITATION 50 min 95 € OF THE BODY WITH BIOSTIMULATION

10 min 45 €

CLUEDERM

VACUUM / RF / LED LIGHT

A SMART BODY SHAPING SYSTEM

- Body shaping
- Reducing cellulite
- Firming

Refit, the latest radio frequency, is a synergy of multipolar RF, vacuum suction and LED technology to achieve collagen contraction and generation, a lifting effect along with firming and cellulite reduction.

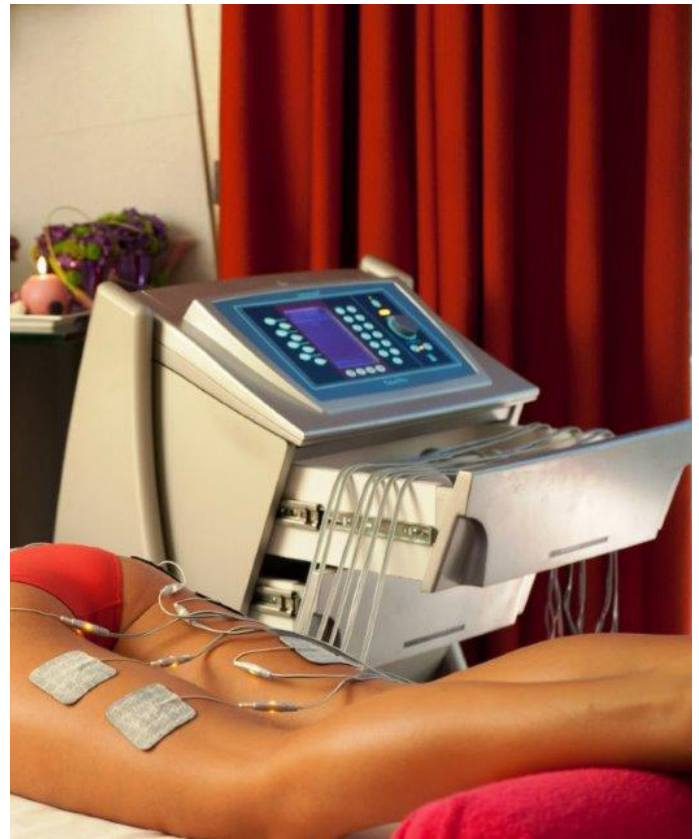
Procedures are carried out individually, depending on the client's wishes and therapy requirements.

Arms or abdomen

20 min 75 €

Back or legs

30 min 80 €



PEVONIA

BODY TREATMENTS

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| Body peeling Removes dead cells, cleanses and smooths the skin, making it ready for further treatment. | 20 min | 25 € |
| Peeling and relaxing massage Soft peeling and relaxing body massage for skin regeneration and relaxation. | 60 min | 75 € |
| Detox treatment with algae A treatment for water excretion, skin moisturising and tone improvement. | 60 min | 71 € |
| Anti-cellulite treatment with algae and green coffee This unique treatment reduces cellulite, has a slimming effect and has a beneficial effect on skin tone. | 75 min | 79 € |
| Lumafirm Body Firm & Glow A single body treatment enriched with an exclusive combination of ingredients against skin ageing for a visibly rejuvenated body. | 60 min | 75 € |
| A vitamin treatment against skin ageing with tropical fruits An extraordinary treatment that firms the skin and makes it supple, firm and shiny. | 60 min | 75 € |
| Leg shaping treatment with seaweed A treatment that promotes drainage and eliminates fatigue and swelling while stimulating the lymphatic system. | 50 min | 50 € |



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| Smoothing body treatment with peeling The treatment softens and smooths dry and coarse skin areas. | 45 min | 45 € |
| STEM CELLS Skin renewal and body shaping treatment This premium treatment completely rejuvenates the body by dissolving undesired fat and cellulite deposits, reducing wilted skin and repairing any sun-induced skin damage. | 70 min | 95 € |
| Aromatic mud for detoxification Warm aromatic mud relax muscles, alleviate pain, stimulate blood circulation and eliminate stress. | 40 min | 35 € |
| Treatment and massage combination | 70 min | 75 € |
| Dry body brushing with an anti-ageing wrap + present After a thorough dry-brushing technique, the wrap applied intensely nourishes the skin and restores its revitalising effects while reducing its dryness and coarse structure. | 50 min | 58 € |

RHEA BODY TREATMENT

Rhea treatments are based on multi-functional action. Since each body is unique and specific, the procedure is composed with respect to the problems and goals of the client as well as the time spent on the treatment. Each treatment comprises PROPHASES, which provide multi-purpose activity.

The procedures are carried out and selected from the following prophases:

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| CLEAN & RELAX A welcome ritual to relax the body and mind while preparing the skin to embrace the active ingredients. | 20 min | 25 € |
| SCRUBBING A mechanical and enzymatic peeling that is used to remove dead skin cells and accelerate cell renewal. | 35 min | 41 € |
| ALGIMASK A peel-off mask for the intensive treatment of selected body parts (thighs/belly/glutes). The rich alginate mask firms the body, improves elasticity, removes poisons and stimulates cell renewal. | 60 min | 71 € |
| ALGIMASK Combination with peeling or massage. | 80 min | 120 € |
| TERMIC MUD The thermic mud therapy for the entire body enriched with a thermal or cooling spray. The thermal treatment is intended for weight loss, fat burning, detoxification and oxygen supply. The cooling treatment has a detoxifying and firming effect while washing away excess fluid from the body. | 60 min | 71 € |

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| TERMIC MUD Combination with peeling or massage | 80 min | 120 € |
| PHYTOWRAP Highly efficient algae body wrap with a powerful loss weight, depth detoxification, remineralisation and drainage effect. It is high in vitamins C and E, which are excellent antioxidants with a rejuvenating effect | 60 min | 71 € |
| PHYTOWRAP Combination with peeling or massage | 80 min | 120 € |
| SLIM CUP A highly efficient ventouse massage that improves skin, reduces cellulite, removes toxins, enhances skin elasticity and stimulates microcirculation. | 40 min | 50 € |
| LIPOSALT Intensive salt therapy against cellulite and for burning fat, firming the body, washing away toxins and stimulating the metabolism. | 60 min | 80 € |





RHEA FACIAL TREATMENT

RHEA COSMETICS

Advanced medical and vegan cosmetics that adjusts to all skin conditions and types. The treatment is put together with respect to skin issues and goals one wishes to achieve. Each procedure is individualised and features intensive complex compounds that smooth out wrinkles, improve elasticity, boost oxygen, highlight pigmentation spots, abate bags under the eyes and moisten the skin.

60 min 120 €

80 min 160 €

100 min 200 €

120 min 240 €

140 min 280 €

AGE FACTOR PREMIUM

A premium treatment with an exclusive complex of 24 exposome factors that fully protects the skin against UV radiation, stress, hormonal changes and so on. The procedure acts against the signs of ageing while smoothing facial lines, brightening and firming the skin, abating the appearance of spider vessels and restoring the skin barrier.

60 min 140 €

80 min 180 €

SENSE

Sense is a procedure that is intended for the most sensitive and hyperreactive of skin types and combats issues such as redness, dermatitis, rosacea and allergies. It is also fit for the skin of cancer patients.

50 min 80 €

GUINOT FACIAL TREATMENT

Detoxygene facial treatment

50 min 95 €

An innovative oxygen treatment for weary and dry lifeless skin and the skin of smokers and all those exposed to pollution. RESULTS after a single treatment: wrinkle depth reduces by 43%, hydration increases by 66%, while the number and width of pores diminishes by 83%.

Lift Summum

50 min 85 €

Intensive anti-ageing manual procedures used to enhance the immunity of cells generating collagen and providing elasticity. The result is firm, tight and shiny skin with smooth lines and rejuvenated appearance.

Hydra Peeling

50 min 85 €

Intensive all-in-one acid treatment for line smoothing, rejuvenating, moisturising and brightening pigmentation spots. The skin is tight, regenerated and shiny after a single procedure, lines reduce by 23%, while pigmentation spots are less visible by 46%. The procedure may be carried out independently or in combination with other Guinot procedures with respect to the needs and condition of the skin.

Age Summum facial and hand treatment

60 min 110 €

Age Summum is a prestigious multi-functional anti-ageing treatment featuring hyaluronate and collagen, which are used to regenerate and firm skin, thus restoring its shiny and firm appearance within an hour.



PEVONIA FACIAL TREATMENTS

Basic facial treatment 60 min 60 €

The treatment includes skin treatment, facial and cleavage massage, enzyme peeling, deep cleansing and mask application.

Anti-stress massage or lymphatic drainage of the face with a mask 45 min 38 €

The massage features a combination of top quality and extremely delicate oils that efficiently reduce dehydration and a feeling of dry skin while promoting well-being and general relaxation.

Facial treatment for men with caviar 60 min 75 €

Stop the ageing process with a treatment of proven effect designed specifically for the needs of male skin. Caviar with a rejuvenating effect and regenerating Escutox® will nourish your skin with extraordinary anti-ageing ingredients.

Special Pevonia facial treatment with target action 60 min 75 €

A cosmetologist examines your skin and decides what treatment is best for your skin: smoothing, moisturising, soothing, nourishing, anti-redness or for skin radiance.

Luxurious anti-ageing treatment with caviar 60 min 110 €

A luxurious anti-ageing treatment with extracts of caviar, pearls, a revolutionary combination of sea extracts and the innovative component Escutox®. You will restore your youthful appearance, as the treatment visibly diminishes wrinkles and fine lines.

Skin renewal with plant stem cells 60 min 115 €

The treatment visibly reduces wrinkles on mature skin showing pronounced signs of ageing. It enhances skin elasticity, protects stem cells and thus boosts their regeneration capacity.

Anti-stress eye treatment 30 min 30 €

An efficient combination of natural extracts and active substances eliminates lines and wrinkles, puffing and bags under the eyes with an anti-stress effect.



APPARATUS-BASED FACIAL TREATMENTS

Hydradermie Cellular Energy An alternative to aesthetic medicine

FACIAL PROCEDURES FIT FOR ALL SKIN TYPES
AND CONDITIONS

SEVERAL FUNCTIONS ARE PERFORMED:

- DOUBLE IONISATION – mild electrotherapy with gentle movements of rollers that enable gel serums to penetrate deeper into the skin.
- OXYGENATION – supply of oxygen and energy to cells with antibacterial and antiseptic activity.
- MUSCLE STIMULATION – low frequency stimulating microcirculation that is used to stimulate the contraction of muscular structure.
- LYMPHATIC DRAINAGE – eliminating waste liquids and distension while relaxing muscles.

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| HYDRADERMIE CELLULAR ENERGY 1in1 | 60 min | 110 € |
|----------------------------------|--------|-------|

Dynamic ionisation and temperature enhances cell biological activity.

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| HYDRADERMIE CELLULAR ENERGY - LIFT 1in1 | 60 min | 130 € |
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Anti-ageing drainage, removal of retained lymph and line shaping that is used for stimulating muscle contraction. It makes facial lines youthful again by increasing muscle tone.

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| EYE LOGIC – COMPLETE EYE TREATMENT | 40 min | 65 € |
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The EYE LOGIC intensive treatment for the area around the eyes is a perfect treatment used for SIMULTANEOUS action against lines, dark circles.

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| HYDRADERMIE CELLULAR ENERGY - DELUX 2in1 | 90 min | 160 € |
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Hydradermie cellular energy-delux is a 2-in-1 treatment. It combines Hydradermie Cellular Energy and Hydradermie Cellular Energy Lift. The treatment provides superb results, even after the first treatment. Three specific functions notably rejuvenate facial lines and the skin.

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| HYDRADERMIE CELLULAR ENERGYDELUX 3in1 | 100 min | 190 € |
|---------------------------------------|---------|-------|

By combining a special mask or special EYE LOGIC treatment or HYDRA-CLEAN.

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| VIP-GUINOT facial treatment 4in1 | 120 min | 220 € |
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Individualised facial treatment using Guinot cosmetics.

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| HYDRA CLEAN – A deep cleansing facial apparatus | 40 min | 60 € |
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This is an exclusive treatment for deep cleansing and moisturising the face. Your skin will live up after a single treatment, raising the moisture level and absorption of active substances by 40%, while reducing acne by 97%. A facial cleansing procedure combined with massage and a mask.

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| HYDRACLEAN SPECIAL | 70 min | 85 € |
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The treatment is fit for all skin types. It involves a combination of mechanical and manual facial cleansing, massage and a mask.

Oxy Pro Age

Oxygen procedures

An aesthetic procedure that successfully combats skin irregularities. The innovative technology of OXYGEN DERMOINFUSIONS is used to overcome facial skin ageing. In oxygen dermoinfusion, pure oxygen is applied onto the skin and in subcutaneous tissue.

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| Pure oxygen for the face | 20 min | 30 € |
| Oxygen therapy Acne, reddening, moisturising ... | 60 min | 90 € |
| Oxygen therapy Anti-ageing with hyaluronate | 60 min | 140 € |
| Oxygen therapy Anti-ageing | 60 min | 120 € |
| Luxurious anti-ageing facial treatment (OXY PRO AGE + RADIAE) An oxygen procedure | 90 min | 240 € |

Radiage – facial treatment

Radio frequency is a non-invasive technique where RF energy is used to heat deeper skin layers. Radiage is one of the latest methods used to rejuvenate facial, neck and cleavage skin. It firms and tightens the skin in the long run, with notable results after the first procedure.

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| RADIO FREQUENCY Face radiage | 60 min | 140 € |
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CLUEDERM

A SMART FACIAL REJUVENATION SYSTEM (VACUUM / RF / LED LIGHT)

- Lifting & Firming
- Wrinkle reduction & anti-ageing
- MULTIPOLAR RF – RF energy delivers heat energy to the dermis and subcutaneous tissue,
- stimulates skin metabolism, strengthens the collagen chain and improves skin elasticity.
- VACUUM improves blood circulation and reduces connective bonds between fat cells, thus reshaping the body. Furthermore, it enhances the penetration of RF energy into deeper skin layers.
- Led - Specially selected wave lengths of 640nm and 460nm improve blood circulation and skin tone.

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| FACE, NECK and CLEAVAGE A procedure combining an apparatus and special face mask | 50 min | 150 € |
|---|--------|-------|

COOLIFTING

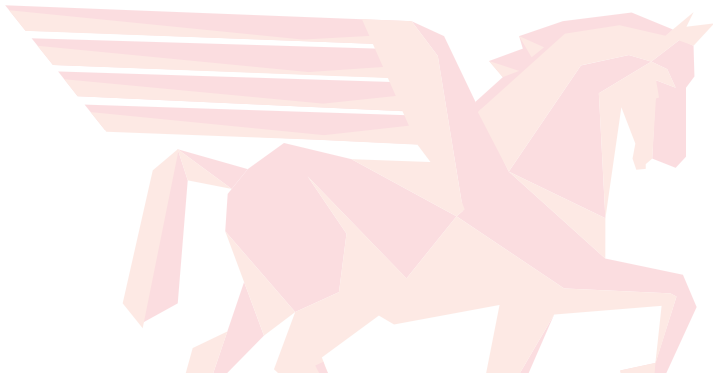
Coolifting gun shoots a strong flow of CO2 onto the skin along with an extremely high concentration of atomised actives at a very high pressure and low temperature. It is the most spectacular and fastest procedure ever witnessed in the time lapsing challenge (stimulation, Coolifting, mask or oxygen).

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| Coolifting | 50 min | 150 € |
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ULTRASONIC FACIAL THERAPY

A treatment fit for all skin types. The treatment includes skin treatment, facial and cleavage massage, enzyme peeling, deep cleansing, application of an ampoule and a mask with respect to the skin type and a mask around the eyes. The treatment is true luxury for the skin, making it shiny, nourished and fresh after the treatment.

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| Ultrasonic facial therapy | 60 min | 90 € |
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PACKAGES AND PROGRAMMES

ROI MEDICAL PACKAGES

LIGHT

Consultation with a doctor, drinking mineral water.

BASIC

Consultation with a doctor, drinking mineral water.
(1 procedure a day)

ROI

Consultation with a doctor, drinking mineral water.
(2 procedures a day)

DIABETES PROGRAMME

Consultation with the doctor, a nutritional diet with the intake of medicinal mineral water, wraps, mineral bath, reflexology massage, aromatic phyto-drainage (massage), dry CO₂ bath.

DETOX PROGRAMME

Consultation with a doctor, mineral water intake, a chrononutrition detox diet, peeling and a seaweed wrap, a mineral bath, a clay wrap, a massage with detoxifying oil, reflexology foot massage, carboxytherapy.

BODY SLIM PROGRAMME

Consultation with a doctor, In Body test, a chrononutrition diet following a consultation with a nutritionist, mineral water intake, body peeling and a seaweed wrap, Fusiomed, ultratone, Pressotherapy, anticellulite massage with green coffee, individualised training session.

PROGRAM ANTI-PAIN

Consultation with a doctor, mineral water intake, massages, electrotherapy / ultrasound / magnet, fango, laser and individualised gymnastics.



ROI MANICURE

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| CLASSIC MANICURE | 30 min | 30 € |
| Shaping fingernails, cuticle cleaning and trimming, polishing, varnish | | |
| ROI MANICURE | 60 min | 40 € |
| Hand peeling, nail shaping, cuticle cleaning, massage with a paraffin mask, nail varnishing | | |
| MANICURE FOR MEN | 25 min | 25 € |
| Shaping fingernails, cuticle cleaning and fingernail polishing | | |
| FINGERNAIL VARNISHING | | 6 € |



ROI PEDICURE

| | |
|--|------|
| ROI PEDICURE | 59 € |
| Pedicure, reflexology foot massage with aromatic balms, a mask | |
| BASIC ROI PEDICURE | 29 € |
| Apparatus-based skin cleaning, cuticle trimming and cleaning, and fingernail varnishing | |
| SPECIAL MEDICO PEDICURE | 35 € |
| Callus removal with a scalpel or apparatus, fingernail shaping, cuticle cleaning and problem solving (corns, ingrown toenails and bunions) | |

ADDITIONAL SERVICES

| | |
|------------------------------|------|
| Facial peeling | 7 € |
| Eyebrow plucking and shaping | 7 € |
| Eyebrow dyeing | 7 € |
| Eyelash dyeing | 8 € |
| Face wax (partial) | 6 € |
| Face wax (total) | 11 € |
| Leg wax (partial) | 19 € |
| Leg wax (total) | 29 € |
| Bikini wax | 14 € |
| Arm wax | 17 € |

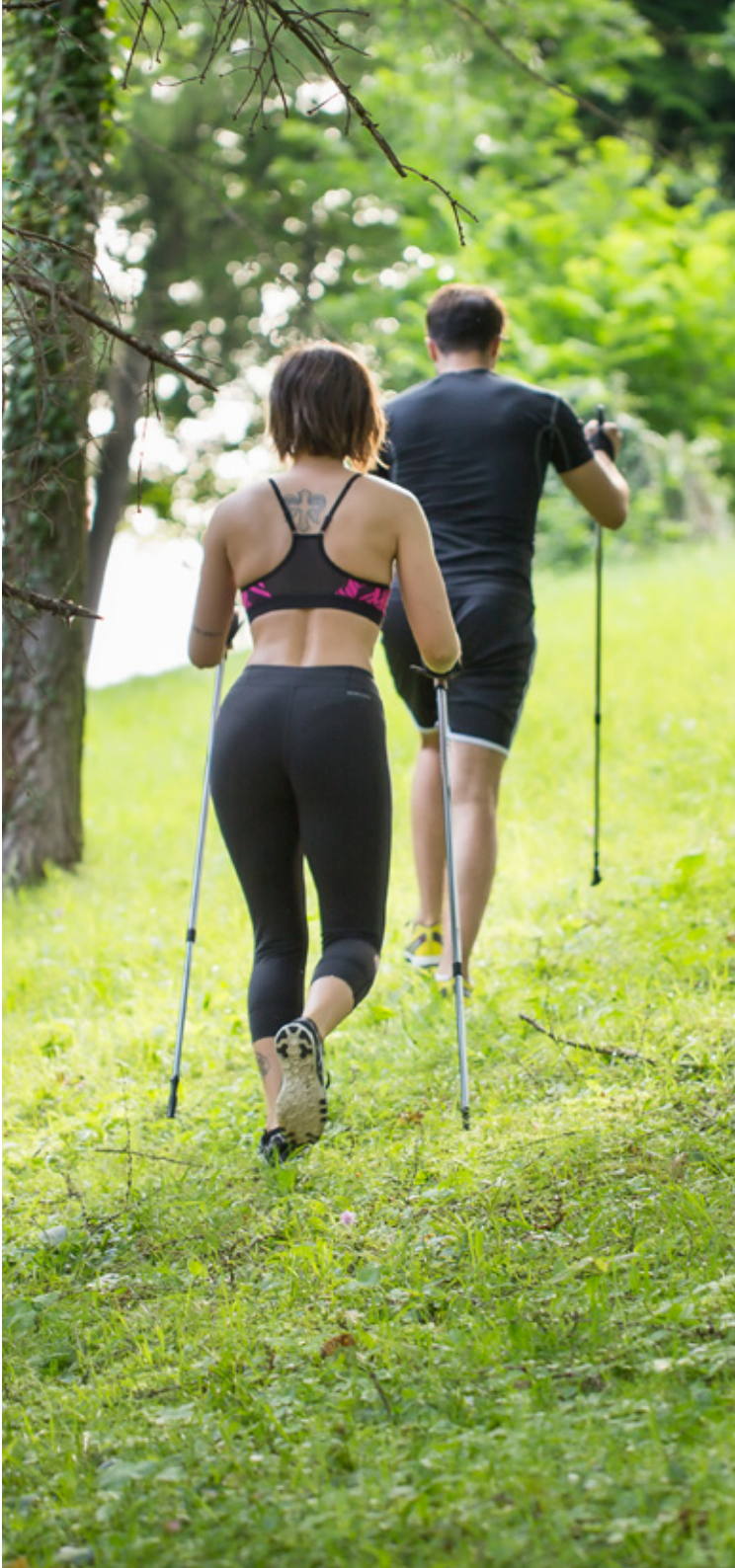
PHYSICAL ACTIVITY

has become not only a trend, but also a necessity of the modern era. A great deal of research has proven that physical exercise has a highly positive effect on general well-being, whereas our health and relaxation are also affected by our mental health.

During workout, muscles are well-vascularised, muscle tone increases, subcutaneous fat reduces, ligaments strengthen and so on.

WE OFFER

| | | |
|---|--------|------|
| Individual workout | 30 min | 20 € |
| | 60 min | 30 € |
| Production of an individualised workout programme | | 25 € |
| Preparation of an individualised menu | | 25 € |
| Morning gymnastics | 20 min | 5 € |
| Nordic walking | 30 min | 20 € |
| | 60 min | 30 € |
| Swimming pool gymnastics | 15 min | 5 € |
| Individual Tibetan singing bowls | 30 min | 15 € |
| Group Tibetan singing bowls (min. 3 persons) | 30 min | 5 € |
| Lease of Nordic poles | | 3 € |
| Rent-a-bike | 1 h | 5 € |



ADVICE AND INFORMATION

Our ROI SPA receptionists will gladly provide any advice you need while planning your individual wellness programme at:

+386 3 811 4160
lotus@rogaska.si

EARLY BOOKING

Are you interested in booking services or packages? To plan your optimum stay at ROI MEDICO & BEAUTY, you are recommended to book your term a few days before your arrival.

PREPARATION

To be able to fully relax and enjoy the medical and wellness procedures, it is recommended that you arrive ten minutes before the service starts. A warm shower, sauna or a bath will further relax your body. Men are recommended to shave at least three hours before a facial treatment. Should you be late, please note that your service will be accordingly shortened out of respect for further guests.

REQUEST

We seek to fulfil all your wishes, which is why we need to ask you, before starting any treatment, what you consider the most important? Expert consultation is part of the treatment, which is considered as essential.

The price list is valid from February 1, 2023. We reserve the right to change prices. VAT is included in the price. Hotel Sava Rogaška d. o. o., Zdraviliški trg 6, 3250 Rogaška Slatina, Slovenija.
T: 03 811 40 00, www.rogaska.si, lotus@rogaska.si

CLOTHES

You are kindly asked to attend procedures wearing a bathrobe. To protect your intimacy, we offer disposable underwear. You are kindly asked to attend the Shiatsu massage wearing sportswear. Please do not consume food and alcoholic beverages before the service.

CANCELLATION OF PROCEDURE

You are kindly asked to notify any cancellation of a booked appointment at least 24 hours in advance. If you fail to cancel a booked service and do not intend to use it, you will be charged the full service price.

CHANGES TO THE THERAPY SCHEDULE

If you wish to change a scheduled appointment that has already been confirmed, you can do that no more than twice and at least 24 hours in advance. Any subsequent changes will be subject to a €20 fee per changed appointment for each service.

WARNINGS

It is recommended that you wear no jewellery while visiting the wellness centre, as you will need to take it off before each treatment. We hold NO RESPONSIBILITY for the items lost. You are kindly asked to warn us about your medical problems and restrictions, as that is the only way to advise you on what is the best for you.

VOUCHERS

A voucher is an ideal present for pampering your partners, friends or family members. For more information about ROI SPA vouchers please ask the SPA reception.

SAVA CLUB

CARD FOR SPECIAL BENEFITS

Discounts on the applicable regular prices ROI Medico Spa service.

- 300 € - 499 € 3 %
- 500 € - 999 € 5 %
- 1000 € and more 10 %



ROI MEDICO & SPA

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